

Great Weight Debate Merton



Aims

- Extend the London Great Weight Debate
- More depth and a Merton Focus
- Engage the community in conversations to raise awareness, galvanise action and gather ideas

Target Groups:

- Black and Minority Ethnic communities
- Residents in East Merton
- Parents
- Young People

Pan Merton

Great Weight Debate Merton questionnaire

- Online
- Face to face at doctors' surgeries and other locations
- Publicised through Social media and schools



East Merton Parents

Two interactive group discussions
with parents of KS2 (and above)
children

Lonesome and Links Primary
schools

BAME communities

- JCC Ethnic Monitorites
- BAME Voice
- Muslim Women of Merton
- Seeking one further group
- Questionnaire target group

Young People

- Co-production meeting with Youth Parliament
- Working with Youth Inspectors on Food Environment
- Interactive workshop with children from Y7-Y9 at St Marks' CofE Academy



Interviews

With key
health professionals



Hackathon

Saturday 3rd June

10 - 1

- Fun, solution-focused morning
- Bringing together community
- reps, health professionals and interested people
- Take what we've been told and create answers for Merton

Testing the ideas

Family road-testing event

Saturday 17th June

8 families

Road-shows

Mitcham Carnival

Morden Family Fun Day

Reporting

Report - available on line
Presentation
Video
Website

How you can help

- Share the survey
- Follow us on social media and share posts and tweets - get the conversation going
- Come to the Hackathon June 3rd
- Distribute Hackathon publicity and help recruit people from your community
- Seeking a group from the African community to talk to

Discussion

- Are there any issues specific to your communities around child healthy weight and keeping children active?



Take the survey; follow us

www.greatweightdebatemerton.co.uk

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